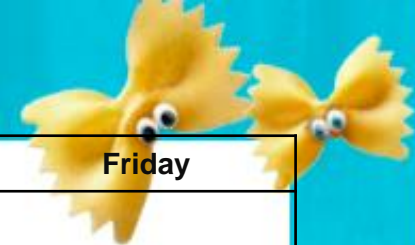


Primary Autumn/Winter 2018 Menu Week 1

W/C 05/11 26/11 17/12 21/01 11/02 11/03 01/04



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Mozzarella & Tomato Pizza**(v) <i>with Pasta Salad**</i>	Chicken Fillet in a Bun <i>with Jacket Wedges</i>	Roast Turkey <i>with Roast Potatoes & Gravy</i>	Mexican Beef <i>A Mild Chilli Con Carne with Rice**</i>	Crispy Fish & Chips <i>Crispy Battered Pollock with Chips</i>
Alternative Dish	Bean Burger in a Bun(v)	Creamy Broccoli & Sweetcorn Pasta**(v)	Quorn Roast(v) <i>with Roast Potatoes & Gravy</i>	Mac 'N' Cheese(v) <i>Macaroni Cheese</i>	Quorn Dippers(v) <i>with Chips</i>
Today's Fresh Vegetables	Carrot Batons Peas	Roasted Vegetables	Green Beans Carrot Batons	Sweetcorn Broccoli	Peas, Carrot Batons & Baked Beans
Daily Salad Bar	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads
Desserts	Flapjack <i>with Fruit Slices*</i>	Crunchy Plum Crumble* <i>with Custard</i>	Chocolate Ice Cream <i>with Mandarin Segments*</i>	Brownie Cake <i>with Banana*</i>	Lemon Shortbread <i>with Fruit Slices*</i>

Cool Water, Organic Milk, Fruit Juice, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain ***Oily Fish (v) Vegetarian



Primary Autumn/Winter 2018 Menu Week 2

W/C 12/11 03/12 07/01 28/01 25/02 18/03 08/04



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Mozzarella & Tomato Pizza** (v) <i>with Pasta Salad**</i>	Chicken & Sweetcorn Pie <i>with Creamy Mashed Potato</i>	Roast Pork <i>with Roast Potatoes & Gravy</i>	Beef Burger <i>with Potato Wedges</i>	Golden Cod Fillet Fish Fingers & Chips <i>Breaded Fish Fingers with Chips</i>
Alternative Dish	Baked Bean & Cheese Wrap (v)	Vegetarian Sausages (v) <i>with Creamy Mashed Potato</i>	Cheese & Potato Bake (v) <i>with Roast Potatoes</i>	Vegetarian Tagine (v) <i>Moroccan Style Vegetable Casserole with Rice**</i>	Quorn Burger (v) <i>with Chips</i>
Today's Fresh Vegetables	Sweetcorn Peas	Roasted Vegetables	Broccoli Carrot Batons	Green Beans Sweetcorn	Peas, Carrot Batons & Baked Beans
Daily Salad Bar	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads
Desserts	Vanilla Ice Cream <i>with Fruit Slices*</i>	Orange & Lemon Sponge Cake <i>with Fruit Slices*</i>	Crunchy Chocolate Biscuit <i>with Fruit Slices*</i>	Apple & Berry Crumble* <i>with Custard</i>	Flapjack <i>with Banana & Apricot*</i>

Cool Water, Organic Milk, Fruit Juice, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain ***Oily Fish (v) Vegetarian



Primary Autumn/Winter 2018 Menu Week 3

W/C 19/11 10/12 14/01 04/02 04/03 25/03



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Mozzarella & Tomato Pizza**(v) <i>with Jacket Wedges</i>	Pork Sausages <i>with Creamy Mashed Potato</i>	Roast Turkey <i>with Roast Potatoes & Gravy</i>	Beef Lasagne <i>with a Garlic & Herb Bread Wedge</i>	Crispy Salmon Fillet*** Or Golden Cod Fillet Fish Fingers <i>with Chips</i>
Alternative Dish	Baked Bean and Cheese Wrap(v)	Vegetable Lasagne**(v)	Quorn Roast(v) <i>with Roast Potatoes & Gravy</i>	Vegetable Korma(v) <i>with Rice**</i>	Quorn Sausage & Tomato Pasta Bake(v)
Today's Fresh Vegetables	Green Beans Sweetcorn	Broccoli Sweetcorn	Seasonal Cabbage Carrot Batons	Roasted Vegetables	Peas, Carrot Batons & Baked Beans
Daily Salad Bar	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads	Choice of Fresh Seasonal Salads
Desserts	Strawberry Ice Cream <i>with Fruit Slices*</i>	Raspberry Ripple Cake <i>with Fruit Slices*</i>	Peach Slice* <i>with Custard</i>	Shortbread Fingers <i>with Fruit Slices*</i>	Pineapple Upside Down Cake** <i>with Custard</i>

Cool Water, Organic Milk, Fruit Juice, Fresh Fruit and Yoghurt served daily

*Fruit Based **Wholegrain ***Oily Fish (v) Vegetarian

